

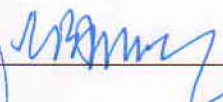
MINISTRY OF HEALTH OF UKRAINE
NATIONAL PIROGOV MEMORIAL MEDICAL UNIVERSITY, VINNYTSYA

«APPROVE»

Rector of

National Pirogov Memorial Medical University,
Vinnytsya



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26. 06. 20 19

REGULATIONS

ON MEDICAL AND PSYCHOLOGICAL CENTRE
OF NATIONAL PIROGOV MEMORIAL MEDICAL UNIVERSITY, VINNYTSYA

these regulations were considered and approved at a meeting of

the Academic Council of National Pirogov Memorial Medical University, Vinnytsya

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1. General provisions

1.1. Medical and Psychological Center in the structure of National Pirogov Memorial Medical University, Vinnytsya is a separate unit based on specialists in the field of practical psychology and psychotherapy. It is a component of the state system of protection of physical and mental health of young citizens of Ukraine and acts to identify and ensure optimal socio-psychological conditions for personal development.

The main purpose of the medical-psychological center is to provide psychological support and increase the efficiency of the pedagogical process, protect the mental health and social well-being of all its participants: higher education, teachers and other university staff.

Psycho-correctional, counseling and psychotherapeutic work carried out at the center is aimed at providing adequate care to all categories of potential patients in order to overcome their life difficulties and problems of maladaptation, increase their self-esteem and communication problems, treatment of psychosomatic diseases and neurotic disorders.

1.2. Medical and psychological center provides psychodiagnostic examination, timely and systematic study of psychophysical development of higher education applicants, motives for their behavior and activities, taking into account age, intellectual, physical, sexual and other individual characteristics, creating conditions for self-development and self-education, promotes educational and educational tasks of higher medical educational institutions of Ukraine.

1.3. The Medical and Psychological Center in its activities is guided by the Constitution of Ukraine, the Laws of Ukraine "On Education", "On Higher Education", the Charter of VNMU, other regulations and this Regulation.

1.4. Activities of the medical and psychological center of VNMU is carried out by practical psychologists and psychotherapists. According to their status, the employees of the center belong to the category of scientific and pedagogical workers and in accordance with the current legislation enjoy all the rights and guarantees provided for them.

1.5. Medical and psychological center of VNMU cooperates with the bodies of health care, labor and social protection of the population, family, youth and sports, internal affairs, other executive bodies, as well as public organizations.

1.6. This Regulation defines and regulates the main tasks, content of activities, structure, management and financing of the medical and psychological center of VNMU.

1.7. Positions of practical psychologists and psychotherapists are introduced in the staff list of VNMU, respectively, as specialists with professional education within the funds provided by the single cost estimate.

2. The main tasks of the Medical and Psychological Center

2.1. The general purpose of the Medical and Psychological Center of National Pirogov Memorial Medical University, Vinnytsya is to promote personal growth and professional development of medical graduates. The center is designed to train students of higher education in "Medical Psychology", interns and provide effective medical and psychological care to the population of Vinnytsya and Vinnytsya region, as well as to conduct appropriate organizational and methodological and advisory work in treatment and prevention facilities of Vinnytsia region .

The purpose of the Center's activity is to teach medical-psychological disciplines and separate psychological disciplines to higher education seekers, interns and doctors at the stage of postgraduate education; providing a range of medical and psychological services aimed at prevention, diagnosis, correction, counseling, psychological support of the treatment process to maintain mental, physical and social health.

Its main tasks are closely related to the training of a highly qualified specialist, a doctor - who not only has the necessary amount of theoretical knowledge, practical skills and abilities, but also has the necessary professionally significant personal qualities that allow him to successfully adapt to future professional activities. professional and personal self-improvement, ie to be a professional who does not stop in his development. Among the main tasks of the medical and psychological center of VNMU in particular are as follows:

- promoting the full development of the personality of higher education applicants, doctors, creating conditions for the formation of their motivation for self-education and self-development;
- providing an individual approach to each participant in the educational process, both acquired and the teacher, based on their individual psychological study;
- psychoprophylaxis and psychocorrection of psycho-emotional states associated with maladaptation problems and borderline neurotic disorders in both higher education applicants and university staff.
- on a self-supporting basis providing medical and psychological support, psychotherapeutic and psychocorrectional, comprehensive counseling medical and psychological care to the population by developing psycho-correctional, psychotherapeutic, training and rehabilitation programs to comprehensively provide patients with individually defined amounts of care, depending on their and social needs.

2.2. The main activities of the Medical and Psychological Center are:

- psychodiagnostic examination of higher education applicants, groups and teams, monitoring the content and conditions of their individual development, identifying the reasons that complicate their development and learning;
- psycho-correctional work - the implementation of medical and psychological measures of influence to eliminate abnormalities in the psychophysical and emotional

state and behavior, propensity to addictions and delinquency, overcoming various forms of deviant behavior, the formation of socially useful life prospects;

- implementation of rehabilitation measures - providing medical and psychological assistance to persons in crisis (affected by social, man-made, natural disasters, severe illnesses, stress, resettlement, violence, etc.), in order to adapt to the conditions of study and life;

- psychoprophylaxis - timely prevention of deviations in the psychophysical and emotional development of the individual, interpersonal relationships, prevention of conflict situations in the educational process;

- prognosis - development and application of models of group and individual behavior in different conditions, designing the content and directions of individual personal development, drawing up life plans on this basis, determining trends in group development and intergroup relations;

- within the framework of providing educational and methodical work in the center teaching of higher educational disciplines and doctors-interns of separate educational disciplines of psychological direction is carried out, the industrial practice of applicants of higher education of medical psychologists and internship of doctors-interns is organized and provided, organizational-methodical work qualifications of doctors, nurses, psychologists, teachers and social workers in providing medical and psychological assistance to the population.

2.3. Medical and Psychological Center of VNMU **operates on three levels:**

- scientific, which studies the patterns of mental development and personality formation in order to develop methods of professional application of psychological knowledge, as well as provides advice on the application of psychological knowledge in research of related specialties, organizes seminars, conferences, symposia on medical and psychological issues;

- applied, which provides medical and psychological support for the process of education and upbringing, including the development of curricula, textbooks and manuals, training of medical psychologists, professional development at the stage of postgraduate education;

- practical, which provides direct work of practical psychologists and psychotherapists with graduates, teachers and staff of the university;

- on a self-supporting basis, the center provides counseling and psychotherapeutic assistance to anyone who needs psychological support or therapy.

2.4. The activities of the medical and psychological center include **the following main areas:**

- psychological support of the educational process in accordance with the requirements of state standards of higher education, advisory and methodological assistance to all participants in the educational process on education, upbringing and development of higher education, assistance to public administration in planning of educational activities;

- providing organizational counseling to treatment and prevention facilities in the region for the implementation of modern methods of medical and psychological care;

- educational and advocacy work to improve the psychological culture in educational institutions, social structures and organizations, as well as in the family, providing counseling to family members of patients on psychological and medical and social rehabilitation;

- preventive education (through the media, during educational activities within the curriculum or as a separate subject), the purpose of which is to form in higher education students an orientation towards a healthy lifestyle and protection of mental health; prevention of alcoholism, drug addiction, HIV infection, aggressive behavior and crime;

- implementation of a set of medical, psychotherapeutic, psycho-correctional, training and counseling activities for citizens of the city and region through the implementation of individual and group programs on a self-supporting basis.

3. Structure and management of the medical-psychological center

3.1. Medical and Psychological Center of VNMU is a separate unit within which the psychological service operates to provide higher education, teachers and other staff of the university qualified counseling and psychotherapy, as well as the staff of the center provides medical, psychotherapeutic, psycho-correctional assistance, training and counseling activities for citizens of the region through the implementation of individual and group programs on a self-supporting basis.

3.2. Medical and Psychological Center on all issues of its activities are subordinated to the founder - the leadership of VNMU.

In its work, the medical-psychological center and psychological service of VNMU reports directly to the Rector of the University.

3.3. Medical and Psychological Center of VNMU functions as a structural unit of the university within which there is a psychological service to provide psychotherapeutic and counseling assistance to higher education, university staff and other citizens of the city and region.

In addition, the center is an educational and methodological base of the Department of Medical Psychology and Psychiatry with a course of postgraduate education.

The structure and staff list of all structural units are determined in accordance with the standards established by current legislation.

The staff list includes the position of the director of the medical-psychological center, as well as the staff of practical psychologists, psychotherapists, laboratory assistants and technical staff.

3.5. Medical and Psychological Center and Psychological Service of VNMU are structural subdivisions and carry out their activities in accordance with the Charter of the University and this Regulation.

3.6. Appointment and dismissal of the director of the medical-psychological center and the head of the psychological service are carried out by the founder - the management of VNMU.

3.7. The structure and staffing of the medical and psychological center and psychological service of VNMU are determined by the higher educational institution and special budget account.

4. The content of the medical and psychological center activity.

4.1. Medical and psychological center and psychological service of National Pirogov Memorial Medical University, Vinnytsya are the main ones organizational and methodological links, which are carried out within the university organizational, coordinating and teaching functions in the industry practical psychology and psychotherapy.

Medical and Psychological Center and Psychological Service of National Pirogov Memorial Medical University, Vinnytsya:

- provides and coordinates the activities of the psychological service within the university, as well as on a self-supporting basis determine the possibility providing relevant services to all comers;

- provides methodological, informational support to scientists, doctors, medical psychologists, practical psychologists and social educators;

- organizes scientific and practical conferences, seminars, provides conditions for training, improvement of professional knowledge, exercises and skills, advanced training of doctors, medical psychologists, practical psychologists and social educators;

- coordinates research, practical research directions of activity of psychological service;

- participates in assessment, forecasting and psychological support of educational process at the university;

- implements the achievements of medicine, psychological science and psychotherapy in practice in order to provide highly qualified assistance.

- organizes psychological counseling, psycho-correctional and psychotherapeutic groups, the activity of the "Hotline", and correctional offices in crisis situations, psychological (family) consultations, profile counseling centers, rehabilitation centers depending on socio-psychological needs for higher education, teachers and employees of the university, as well as, on a self-supporting basis, the following by priority assistance can be provided to anyone who needs it. Offered psychotherapy can be provided individually, to couples, families or in groups of people of different ages.

4.2. The main responsibilities of specialists of the medical-psychological center and employees of the psychological service of VNMU is:

- participation in the implementation of educational work, aimed at ensuring the comprehensive individual development of higher education, teachers and staff of VNMU, maintaining their full mental health, improving the quality of life, etc.;

- conducting a psychodiagnostic examination of higher education students in order to identify their individual psychological characteristics, emotional, volitional and communicative characteristics, adaptive resources of the body, which, in turn, will increase the effectiveness of psychotherapeutic and counseling work;

- development and implementation of educational, developmental, correctional, training programs taking into account individual, tender, age characteristics of higher education seekers and other participants in the psychotherapeutic process;

- promoting the process of determining the value orientations, abilities, life goals, plans and opportunities of applicants for higher education, the implementation preventive education, prevention of antisocial behavior, crime, alcoholism and drug addiction, other addictions and bad habits;

- conducting psychodiagnostics, psychological counseling, psychocorrection and providing psychotherapeutic care for signs of deviant behavior;

- formation of psychological culture of higher education students, teachers, other university staff, members of their families, parents or persons replacing them;

- advising on the study and implementation of the latest achievements of psychology and psychotherapy, their practical use in the organization of the educational process and research work.

- study and assessment of the peculiarities of the teaching staff and the development of higher education, taking into account the influence of the microclimate in the academic group, on the flow, on the course, in the staff of university departments, the collective mood of the university as a whole;

- study of the direction of the impact of the microenvironment, the peculiarities of the family and family upbringing, the positive educational potential of the social environment and the source of negative impact on students;

- predicting negative or positive influences on the development, mental state and behavioral manifestations of the student or group;

- forecasting the results of the educational process taking into account the most important factors of personality formation;

- providing the necessary psychological counseling to children and youth NGOs, higher education seekers, teachers and other university staff who need care or are in difficult life circumstances;

- participation in the formation of skills of observance of norms and rules of conduct, leading a healthy lifestyle, helps prevent negative phenomena among higher education seekers;

- implementation of psychological and pedagogical support of the educational process, promotion of social and professional definition of personality, care for professional self-determination and social adaptation of youth.

4.3. An employee of the medical and psychological center of VNMU and psychological services should:

- be guided by the psychologist's code of ethics;
- adhere to psychological ethics, respect the dignity of those who sought help, protect them from any form of physical or mental violence;
- build their activities on the basis of friendliness, trust in close cooperation with all participants in the psychotherapeutic process;
- to promote a healthy lifestyle, to increase the level of psychological knowledge of the teaching staff and other employees of the university, parents, family members of those who sought help;
- maintain professional secrecy, do not disseminate information obtained in the process of diagnosis, psychotherapy or correctional work, if it may harm persons who sought help or their environment;
- constantly improve their professional level;
- know the program and methodological materials and documents on the scope, level of knowledge, development of higher education, the requirements of state standards to ensure the educational process, the main directions and prospects for the development of education, psychological and pedagogical science.

4.4. The duration of the working week of employees of the medical-psychological center and psychological service of VNMU is regulated by the university management in accordance with current legislation.

5. Financing the activities of the medical and psychological center

5.1. Financing the activities of the medical-psychological center and psychological service of Vinnytsia National Medical University. E. Pirogov, remuneration of employees is carried out in accordance with applicable law.

5.2. Financing the activities of the medical-psychological center and psychological service of VNMU, (including remuneration of its employees) is carried out at the expense of the special budget and the means received at the expense of self-supporting activity.

5.3. Employees of the medical-psychological center and psychological service of VNMU is provided with separate rooms (offices) for psychodiagnostic, educational, training, counseling, psychotherapeutic, developmental and psychocorrectional work.